

FEES SCHEDULE

REGISTRATION*	SINGLE	COUPLE	GROUP (3-7)
Forms	1500	2000	5000
Assessment*	2000	3000	10,000
Reassessment*	1000	1500	5000
Diet Plan*	3000/month		
Workout Plan*	3000/session	4000/session	5000/session

CONSULTATION SESSIONS

- Private Consultation* (1 or 2 persons)

PACKAGES	SINGLE	COUPLES
1 Session*	3000	4000
4 Sessions	12,000	16,000
8 Sessions	24,000	32,000
12 Sessions	36,000	48,000

- Group Consultation (3-7 persons)

GROUP NO.	PKG. OF 1 SESSION	PKG. OF 4 SESSIONS	PKG. OF 8 SESSIONS	PKG. OF 12 SESSIONS
3 Persons	3000	12,000	24,000	36,000
4 Persons	4500	18,000	36,000	54,000
5 Persons	6000	24,000	48,000	72,000
6 Persons	7500	30,000	60,000	90,000
7 Persons	9000	36,000	72,000	108,000

Assessment: The use of nutrition assessment methods on a client.

Consultation: A conference between the client and any of Diet234 associated health consultants (dietitians, nutritionists or otherwise).

Diet Plan: A calculated selection of food items, fruits, vegetables and water therapy.

Reassessment: The crosscheck analysis for improvement and follow through on earlier assessment.

Registration: The enrolment into Nutrition Care Process (NCP).

Session: A period of 30 minutes to an hour of advice, discussion and questioning with a consultant.

Workout Plan: A timed selection exercises and physical activity to suit your fitness goals.

NOTE: Nutrition Care Process are within a duration of 3 months with an option of monthly renewals/subscriptions.